

Readiness for Culturally-based, Evidence-Informed Programming

One Sky Center
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One Sky Center

<http://www.oneskycenter.org/index.cfm>

One Sky Center is a National Resource Center for American Indian and Alaska Native Health, Education and Research. It is dedicated to quality health care across Indian Country.

Current initiatives include the Indian Country Meth Initiative, Suicide Prevention, and a Native-to-Native Mentorship program for graduate students and junior and mid-career faculty interested in substance abuse research.

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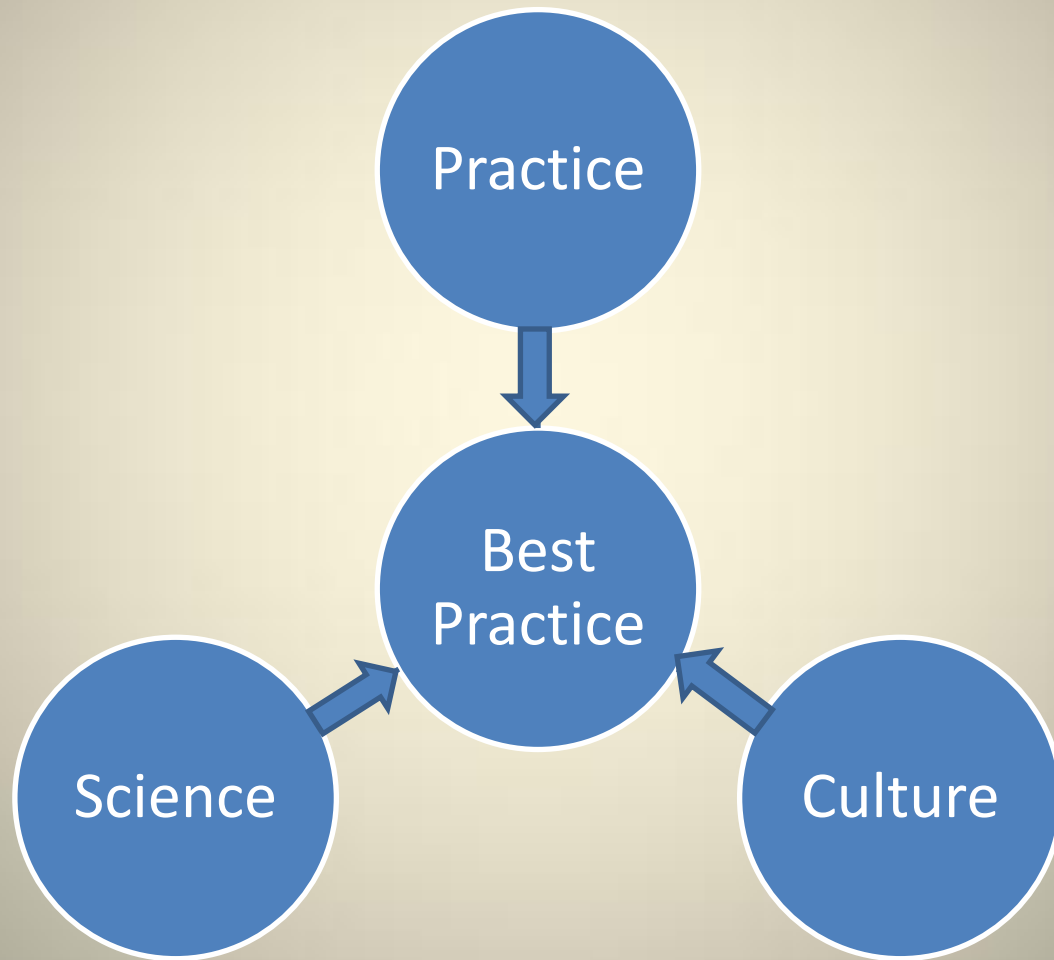
One Sky Center

- R.D. Walker, MD (Cherokee)
 - Prof. Psychiatry
 - President of AAIP*
- Philosophy:
 - Like: *“Community Based Participatory Research”*
 - Local Context, Community & Culture-driven solutions
 - Evidence-informed
- Technical Assistance:
 - 50 consultations/year
 - Systemic & intervention planning
 - Disaster recovery interventions
 - Advocacy & testimony
- Tribal reach:
 - Tribal organizations
 - Urban AI
 - About 200 tribal communities throughout USA

Readiness for Community-Driven Best Practice

- Every replication of an Evidence Based Program is a **Local Adaptation**
Corollary: Every locally innovated Best Practice is Evidence-Informed
- Community Assessment and Planning Process
 - Culturally appropriate Coalition
- Apply Criteria of Cultural Validity
 - Screening for “what will work here”
- Evidence-informed program design/Adapt EBP
 - To Local Context and Culture
 - Using a Logic Model
- Then, Implement, monitor, and control--using a culturally appropriate Coalition

Best Practice includes Culture



Evidence-Informed Best Practice

Practice (Service)

- Clinical trial and error
- Clinical observation
- Practice theory
- Professional guidelines and standards
- Dissemination and workforce development

Best Practice

- Some criteria for the validity of TBPs
- Practice clarification of existing and proposed tribal practices
- Especially, the use of the LOGIC MODEL
- Documentation strategies
- Approaches to testing & evaluation

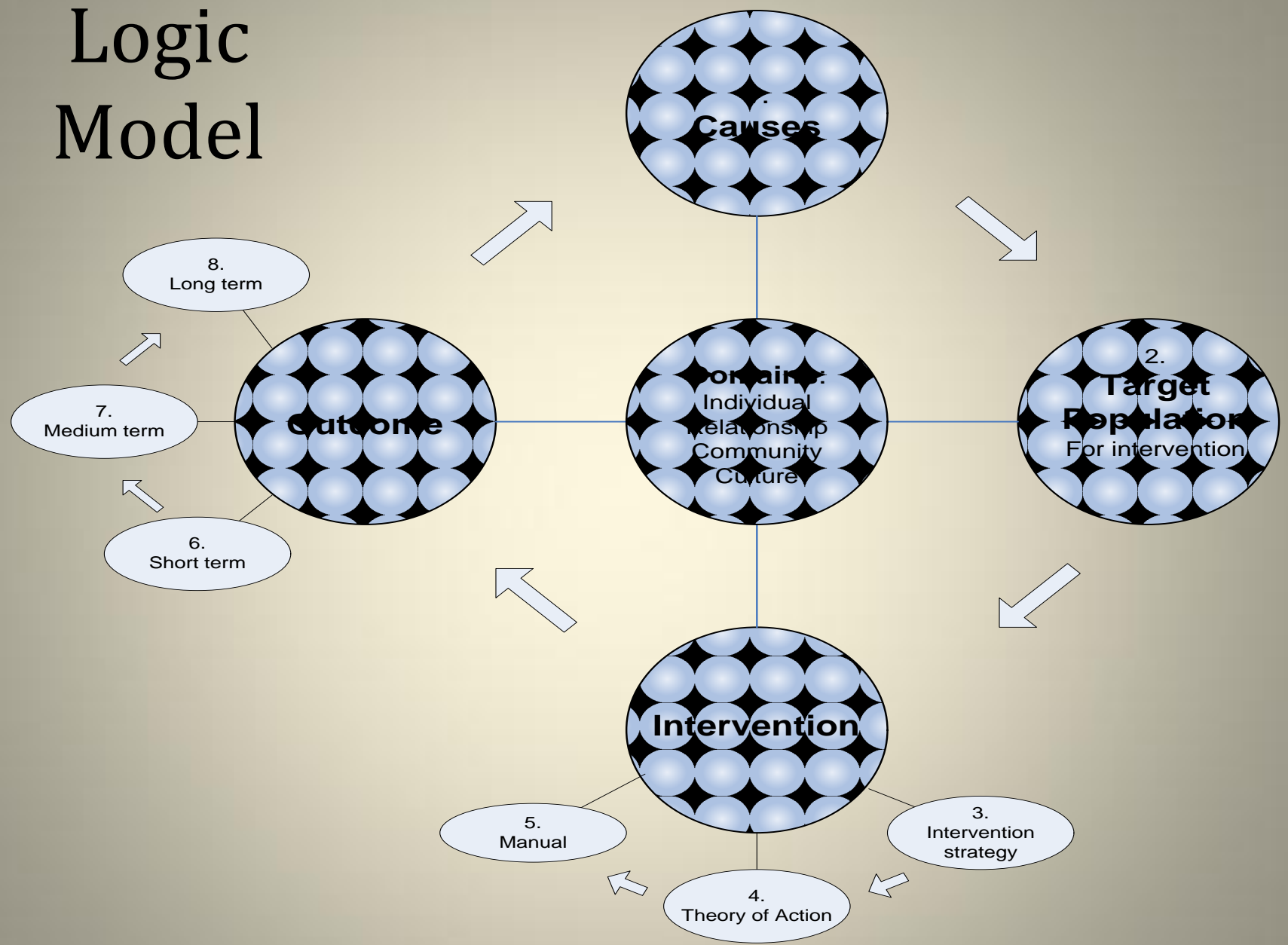
Culture

- Philosophies
- Belief about causes of problems and solutions
- Local innovation, trial and error
- Medicinal use of wild plants and minerals
- Healing procedures
- Oral transmission of knowledge
- Community evaluation and acceptance (constituting proof)

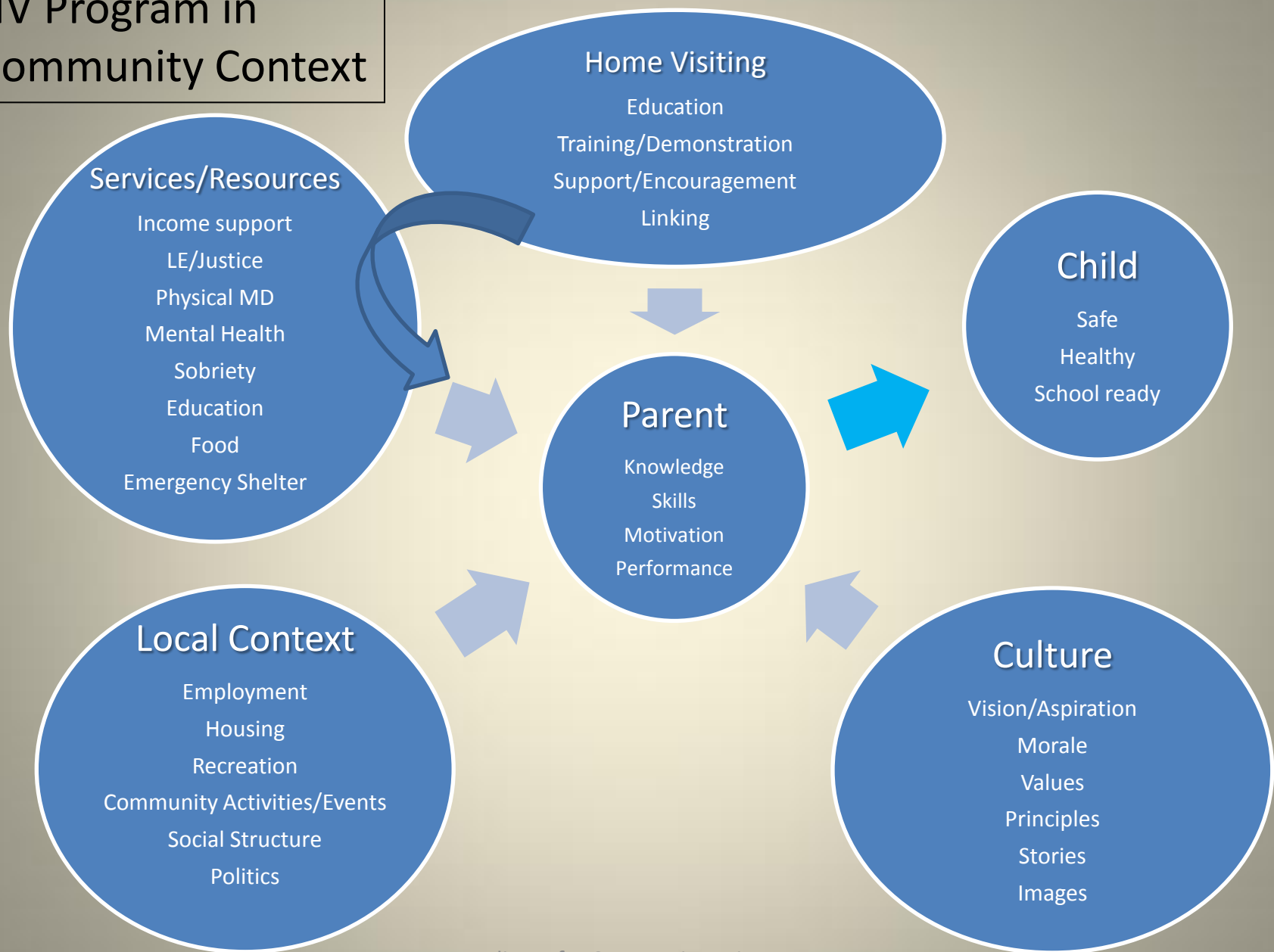
Science & Scholarship

- Experimental
- Quasi-experimental
- Participant observation
- Systematic observation and measurement
- Qualitative and quantitative analyses
- Reporting, peer review and criticism

Logic Model



HV Program in Community Context



Oregon Tribal Best Practice Initiative: The EBP Mandate Issues

- Developer training & fidelity testing: alien incursions
- EBP programming: alien
- “Core components”: still alien
- Loss of the familiar and accepted
- Personnel, training, and testing capacity: non-existent
- Versus sovereignty & consultation principles

1. Evidence Basis for Cultural Validity of Tribal Practice

- Longevity of practice in Indian country
- Teachings on which practice is based
- Values incorporated in practice
- Principles incorporated in practice
- Elder's approval of practice
- Community feedback/evaluation/acceptance
- Contribution to advancement of the people

Culture-Based Practice

2. Criteria for General Validity

- Examples/replications
- Goals
- Target population
- Risk & protective factors
- Tribal personnel
- Activities
- Materials
- Optional Elements
- Outcomes

Culture-Based Practices Activities

- Experience, observation, listening, participating
- Traditions, ceremonies, daily observances
- Stories, songs, artwork
- Oral, modeling, practice, animation
- Language, worldview, teachings, experience

Culture-Based Practices Materials

- Settings
- Dress; Regalia
- Symbols; Graphics;
Pictures
- Sensory Substances
- Food
- Fun

Culture-Based Practices Personnel

- Enthusiasm
- Confidence
- Caring, compassion
- Vision, knowledge
- Charisma
- Credibility
- Community status
- Peer group status

Culture-Based Practices

Immediate Outcomes

- Balance
 - Natural world
 - Spiritual world
- Connection
 - family
 - culture
 - community
 - natural world
 - spiritual world
- Identity
 - Tribe
 - Family
 - Role
 - Achievements
- Meaning
 - Personal Vision
 - Cultural motifs
- Power and hope
 - Individual empowerment
 - Success (economic, etc.)
 - Sovereignty
- Self-esteem
 - Well-briety
 - Recovery from trauma
- Community
 - norms
 - adaptive capacity
 - sharing and support

Culture-Based Practices

Long-term Outcomes (Impacts)

- Reduced morbidity; mortality
- Social participation
- Reduced ATOD
- Employment; education
- Well-functioning families
- Reduced delinquency, criminality
- Mental health

Oregon TBP—First Phase

- Start:
 - We know what works
 - Implicit cultural knowledge
 - Implicit practice/service knowledge
- Step forward:
 - Identify criteria for Cultural Appropriateness

Oregon TBP: Second Phase

- Logic Model
- Explicit, detailed, observable specification of cultural knowledge
- Explicit, detailed, observable specification of program description, theory of action/program theory
- Evaluability

Some Tribal Best Practices

- Horse Program
- Story telling
- Sobriety-Recovery Recognition Dinner
- Basketball Against Alcohol & Drugs
- Healthy Relationships Curriculum
- Native Womanhood
- Bear Parties
- Culture Camps



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